

Rupatadine 10 mg

COMPOSITION:

Nerupa [®] 10 Tablet: Each film coated tablet contains Rupatadine Fumarate INN equivalent to Rupatadine 10 mg.

PHARMACOLOGY:

Rupatadine is a long-acting, non-sedative antagonist of histamine H1-receptors. It also antagonizes the platelet-activating factor (PAF). Both histamine and PAF cause bronchoconstriction which leads to an increase in the vascular permeability and act as a mediator in the inflammatory process. Rupatadine possesses other anti-allergic properties such as the inhibition of the degranulation of mast cells induced by immunological and non-immunological stimuli and inhibition of the release of cytokines, particularly of the tumor necrosis factor alpha (TNFa) in human mastocytes and monocytes.

INDICATION:

Rupatadine is indicated for the symptomatic treatment of seasonal & perennial allergic rhinitis and urticaria.

DOSE & ADMINISTRATION:

Nerupa $^{\otimes}$ 10 Tablet: The recommended dose is 10 mg once daily, with or without food.

CONTRA-INDICATION:

Hypersensitivity to Rupatadine or to any of the excipients.

WARNING AND PRECAUTION:

Use of Rupatadine is not recommended in patients with renal or hepatic insufficiency, as no relevant clinical data is available. Administration of a dose of 10 mg daily of Rupatadine has not shown significant effects on the function of the central nervous system as seen in specific studies done for psychomotor function. Nevertheless, the patient should take precaution in driving or managing machines.

SIDE EFFECTS:

The most common undesirable effects are sleepiness, general weakness & fatigue.

USE IN PREGNANCY & LACTATION:

There is no clinical data available on the exposure of Rupatadine during pregnancy. Pregnant women should therefore not use Rupatadine, unless the potential benefit outweighs the potential risk for the fetus. No information is available, whether Rupatadine is excreted in the mother's milk. Therefore, it should not be used during lactation, unless the potential benefits for the mother justify the potential risk to the infant.

USE IN CHILDREN & ADOLESCENTS:

Use of Rupatadine is not recommended in patients less than 12 years of age.

DRUG INTERACTION:

CYP3A4 inhibitors like Erythromycin & Ketoconazole inhibits both the pre-systemic and systemic metabolism of Rupatadine. Due to this potential interaction, it is not recommended to use Rupatadine in combination with Ketoconazole or any other inhibitors of CYP3A4. Co administration of Rupatadine and CNS depressants or alcohol may increase CNS depressant effect.

OVERDOSE:

No case of overdose has been reported in adults and children. In a clinical safety study in adults rupatadine at daily dose of 100 mg during 6 days was well tolerated. The most common adverse reaction was somnolence. If accidental ingestion of very high doses occurs symptomatic treatment together with the required supportive measures should be given.

STORAGE:

Store below 30° C, protected from light. Keep out of reach of children.

PACKING

Nerupa $^{\tiny{\circledR}}$ 10 Tablet: Each box containing 3X10's tablets in blister pack.

